

COVID-19 Guidance and Protocols

Stay in Car

Please wait in your car. Your chiropractor or the receptionist will call to the reception when suitable.



If waiting in a car is not possible, you will have the option to wait in the designated seating area which will be arranged to allow for social distancing rules to be adhered to

Leave Accessory items in car

items such as watches and jewellery.



Please be Patient

There will be a **10 min spacing between appointments** which allows our chiropractor to disinfect surfaces between patients.



Please bring own shorts/appropriate clothing

We will not be able to provide any gowns/shorts at the practice.



Wash your Hands

Hand sanitiser will be available and all patients will be requested to sanitise their hands when entering the chiropractic clinic.



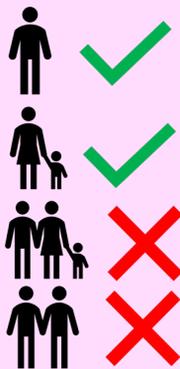
Do Not Touch

Please do not touch any other surfaces in the clinic, including door handles.



Family or friends must stay in car

Patients should only be accompanied if minors, or require assistance. Other family members or friends should be requested to stay in the car.



Watch for COVID-19 symptoms and please reschedule if:



- You are experiencing any signs and symptoms of COVID-19 (cough, sore throat, tiredness, fever)
- Exposed to anyone with suspected or diagnosed COVID-19 in last 14-21 days
- Worked or attended a clinic facility treating COVID-19 patients in the last 14-21 days.

Masks

If you have access to a sterilized face mask, it would be preferable for these to be worn.



Please come straight from home



Do not come to your appointment via the shops or anywhere else